

Simply better walking.
Safety shoes with BAAK® go&relax system

Safety shoes with BAAK® go & relax system

This unique system offers the possibility for feet to move in a natural and functional way even in safety shoes. Thus, walking is very convenient and the feet, muscles and joints stay fit and powerful. This relieves the whole musculoskeletal system. Safety shoes with the Baak® go&relax system are a recommendable addition to company health management.





For more info, see pages 6/7 and 76/77

Our grades shown next to the products will give you an orientation!





Safety shoes with the Baak® go&relax system and a special width concept



- They allow the feet to move in a natural and functional way.
- In addition, they have a special width concept.
- The feet, muscles and joints stay fit. That relieves pressure on the entire musculoskeletal system.









Normal safety shoes

- These shoes have our usual good fit.
- They allow the feet to move in a natural and functional way.
- The feet, muscles and joints stay fit. That relieves pressure on the entire musculoskeletal system.

These shoes have our usual good fit.

9	BAAK Unity go relax For health-conscious people
13	BAAK Ultralight go @relax For all those who like to walk even lighter
19	BAAK Sports light go@relax For all those who like light, metal-free shoes
25	BAAK Industrialgo@relax For normal-width and extra-wide feet
35	BAAK Sports exclusive For all those who like a chic and sportive style
41	BAAK Sports For all those who walk a lot and often work on their knees

BAAK Industrial For price-conscious buyers

BAAK Bau For hard work on construction sites

59 **BAAK Polar** For warm feet when it is cold

BAAK Woman premium For active women

BAAK DogWalker For dog lovers

BAAK Accessories For our shoes

BAAK Know-How For you – healthy and safe

BAAK Product range For your overview

All details online!



Scan the QR code next to the product in order to get the data sheet





"Safety shoes have to guarantee the necessary protection, but they should hinder the natural foot movement as little as possible."

Prof. Dr. Gert-Peter Brüggemann

Baak is the only manufacturer of foot-fitting safety shoes. Foot-fitting safety shoes not just consider the form of the foot but also enable the natural and functional foot movement, thanks to the unique Baak® go&relax system. Thus, walking is very comfortable and feet, muscles and joints stay fit and powerful.

This relieves the entire musculoskeletal system and contributes, besides the necessary protection, to a long-term health maintenance.

5 good reasons for safety shoes with the Baak® go&relax system

- Super comfortable thanks to the natural movement of the foot
- Knee- and back-friendly scientifically evaluated
- Not just protect but keep healthy in the long run
- Useful addition to company health management
- A benefit for both: the company and the employee

With this system we have a holistic concept and emphasize the importance of health. Thus, we have achieved a valuable step toward the future.

Dipl.-Ing. Ingo GrusaGeneral Manager

ngu Jusa

What do a gear box and your feet have in common?

When you drive your car, you start in the 1st gear. Why should it be different when you walk in safety shoes?

Like you keep upshifting from the 1st to the highest gear when you drive your car, the foot rolls over from the little to the big toe naturally when you walk barefoot.

But what happens with common safety shoes?

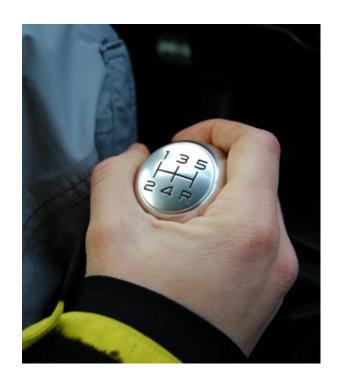
Due to their straight toe protection caps and their outsoles which are too stiff, only the big toe and the two toes next to it are involved in the rolling movement as a result of the unnatural bending line of the shoes. The two small outer toes are hardly involved. This means that load is distributed unequally over the feet, muscles and joints with every step. The entire musculoskeletal system may suffer from this.

In the same way, you would expose your car to loads improperly if you started in the high gears and disregarded the lower gears. But your car simply wouldn't allow this! You can't start in the high gears at all, can you? Your car is smart: As it also involves the low gears, the expenditure of energy is reduced considerably, the efficiency is increased and punctual overloading is avoided through an optimal distribution over all gears.

The unique Baak® go&relax system for safety shoes does nothing else. With this system, all five toes are included in the rolling movement again. So while walking, the load is distributed optimally over all muscles and joints involved. It consists of the Baak® flex cap and the Baak® flex zone in the outsole, both of which are optimally suited to the foot. Only with this unique combination, safety shoes allow the feet to move in a natural and functional way.

The feet, muscles and joints stay fit. That relieves pressure on the entire musculoskeletal system and helps those who wear safety shoes stay healthy in the long term.

If you make sure your car stays in good condition – you should do even more for your feet!







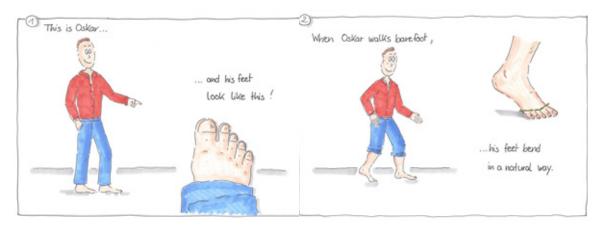
for more info, see pages up to 76

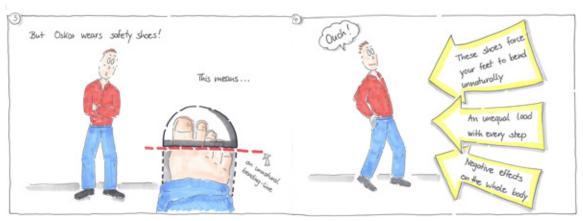


This is how it works: Safety shoes with the Baak® go&relax system are marked with this logo.

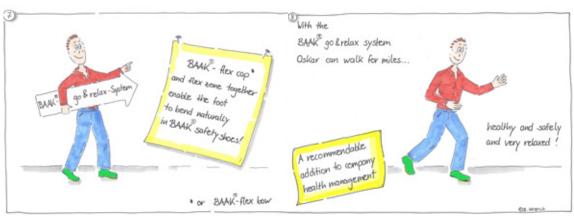


The Baak®go@relax system











BAAK Unity go@relax



For health-conscious people

The health expert

Relieve pressure on your musculoskeletal system. With the unique Baak® go&relax system, your feet, muscles and joints will stay fit.

Avoid pressure marks and foot ache. With the smart Baak® multi-width system, the shoe adjusts to your feet automatically.

Minimize the risk of falling or twisting your ankle with the patentpending Baak® fitting system. With its insertable fitting elements, it closes the gap between your foot and your shoe. That gives your foot perfect stability and a safe tread – adjusted to your individual needs.

Baak Unity: The indoor custom shoe that you can buy off the rack.



Flex zone

Flex zone enabling optimal bending with a natural and functional movement of the foot



Stabilizing straps

The stabilizing straps give the foot the necessary stability exactly where it is needed.

Aluminium flex cap

Toe protection through a particularly lightweight aluminium Baak flex cap that supports the optimal bending of the foot

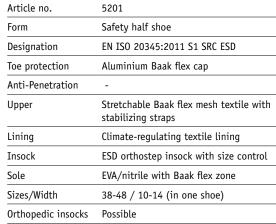
Fitting system

Patented system enabling you to adjust the shoe individually to the height of your foot arch.

Optimus blue





















Baak® multi-width system

Extra wide stepping surface

Baak® fitting system

Optimus Stone







Article no.	5212
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Aluminium Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Stretchable Baak flex mesh textile with stabilizing straps
Lining	Climate-regulating textile lining
Insock	ESD orthostep insock with size control
Sole	EVA/nitrile with Baak flex zone
Sizes/Width	38-48 / 10-14 (in one shoe)
Orthopedic insocks	Possible













Size control on insock Baak® multi-width system Extra wide stepping surface

The Health Concept

Relieve the musculoskeletal system!

Due to the unique Baak® go&relax system, the foot can move in a natural way with every step. Thus, the load will be distributed on all needed muscles and joints in an optimal way.

The feet, muscles and joints stay fit and powerful.

This relieves the whole musculoskeletal system.

Avoid pressure marks!

Thanks to the clever Baak® multi-width system, the Baak® Unity adjusts automatically to wider or slimmer feet. The feet keep their individual form and will not be corseted in an unnatural way – perfect for pain-sensitive feet.

Pressure marks and foot pain will be avoided - very simply!

Minimize the risk of falling and sprained ankles!

With the patent pending Baak® fitting system, the Baak® Unity closes the gap between the foot and the safety shoe individually.

So the foot has a perfect hold and a safe step.

This minimizes the risk of falling and sprained ankles.

You can ask for a detailed description of the Baak Unity range, or you will find it in the download area on www.baak.de/en/



The Baak® go&relax system



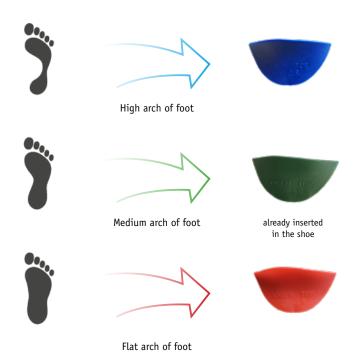
The Baak® multiwidth system



The patented Baak® fitting system

Determining fitting elements

For a high or flat arch of foot please remove the green fitting element from the shoes and replace it by the blue or red one. The fitting elements are marked with (R+L) for the right and left shoe. Their position is movable individually. In every shoe box you will find a set for foot type determination.



A detailed instruction you will find on www.baak.de/en/



The pocket for the fitting element is protected by a water repellent zipper.



BAAK Ultralight go&relax DD >

For all those who like to walk even more easily

Almost like barefoot, but safer

With these ultralight safety shoes you have the feeling of walking nearly barefoot and being protected at the same time.

Relieve your musculoskeletal system. Thanks to the unique Baak® go&relax system, the feet, muscles and joints stay fit and powerful.

Due to the new sole technology with a higher reset force and the full-surface damping, walking and standing on hard floors is even more comfortable.



Flex zone

Flex zone for a foot-conform bending and a natural, functional movement of the foot.



Slot construction

Textile upper with integrated slot construction for a high ventilation and a healthy foot climate

Toe protection with metal-free ultralight fiberglass flex cap of the latest generation, which supports a foot-conform bending.

Nano-fiberglass flex cap

LIEVA/nitrile sole

additional safety.

nitrile sole with an optimized full-

surface damping, high reset force and slip-resistance. The steep heel gives

Conner











Steep heel







Article no.	5002
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1 SRC ESD
Toe protection	Nano-fiberglass-flex cap
Anti-Penetration	-
Upper	Breathable textile material in combination with abrasion-resistant CPU application
Lining	Climate-regulating textile with breathable windows construction
Insock	Light Baak Lightstep-insock with full surface perforation for a healthy foot climate
Sole	LIEVA/nitrile (liquid injected EVA) with Baak flex zone in the ball section
Size / Width	39-48 / 11
Orthopedic insocks	Possible





















Chris







Article no.	5003
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Nano-fiberglass-flex cap
Anti-Penetration	Non-metallic flexible insole
Upper	Breathable textile material in combination with abrasion-resistant CPU application
Lining	Climate-regulating textile with breathable windows construction
Insock	Light Baak Lightstep-insock with full surface perforation for a healthy foot climate
Sole	LIEVA/nitrile (liquid injected EVA) with Baak flex zone in the ball section
Size / Width	39-48 / 11
Orthopedic insocks	Possible

Ultralight 430 g/piece for size 42

Full-surface damping Metal- and leather-free

Very breathable



Steep heel







Article no.	5004
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Nano-fiberglass-flex cap
Anti-Penetration	Non-metallic flexible insole
Upper	Breathable textile material in combination with abrasion-resistant CPU application
Lining	Climate-regulating textile with breathable windows construction
Insock	Light Baak Lightstep-insock with full surface perforation for a healthy foot climate
Sole	LIEVA/nitrile (liquid injected EVA) with Baak flex zone in the ball section
Size / Width	39-48 / 11
Orthopedic insocks	Possible

















Ultralight 445 g/piece for size 42

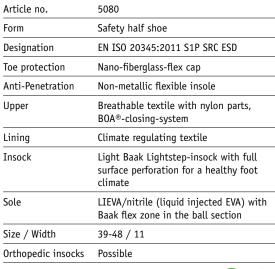
Full-surface damping

Very breathable

Captain Jogi

























BOA®-quick fastener









Article no.	5082
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Nano-fiberglass-flex cap
Anti-Penetration	Non-metallic flexible insole
Upper	Breathable textile with nylon parts, BOA®-closing-system
Lining	Climate regulating textile
Insock	Light Baak Lightstep-insock with full surface perforation for a healthy foot climate
Sole	LIEVA/nitrile (liquid injected EVA) with Baak flex zone in the ball section
Size / Width	39-48 / 11
Orthopedic insocks	Possible





















Advantages of the Boa® locking system

The Boa® locking system improves the function and fit of your Baak safety shoe. So you are perfectly equipped for every challenge.

PERFECT FIT – Individual comfort without pressure marks thanks to customized cable guides, which enable an equal pressure distribution.

FINE-TUNING - 1 CLICK = 1 MM - With one hand you can adjust the Boa® locking system easily and with millimeter precision.

QUICK- The Boa® locking system enables you to put on and take off the shoe quickly and easily.

SAFE – Once adjusted, the fit will not change.

DURABLE - Boa® cables resist the highest stress.

THE PARTS OF THE SYSTEM

Boa® TURN-LOCK - The Boa® turn-lock is the core of the system. Click by click it enables a simple and precise adjustment - with millimeter precision.

Boa® CABLE GUIDES - Customized cable guides with minimal friction harmonize perfectly with the cable and ensure an ideal pressure distribution.

Boa® CABLE - Selected specifically for its particular fields of application and tested in laboratory and practice, the Boa® cable survives every shoe and boot.



Press for locking

Pull for opening

Press for locking



Turn for tightening



Turn for tightening





An alternative extra insock for free

Besides the standard Lightstep insock, all styles of the BAAK Ultralight range are additionally certified with the known ESD softstep insock. A free insock is supplied with every pair of the Ultralight range and can be replaced individually.





BAAK Sports light go@relax



For all those who like light, metal-free shoes

The metal-free lightweights

Relieve pressure on your musculoskeletal system. With the unique Baak® go&relax system, your feet, muscles and joints will stay fit. Thanks to the light weight of the shoe, you will reduce your effort and expenditure of energy considerably.

Walking and standing becomes especially comfortable with the shoe's all-over damping. You will feel the advantages of this light, metal-free shoe on hard floors in particular. Some of its models are even available in sizes up to 50.



Flex zone

Flex zone enabling optimal bending with a natural and functional movement of the foot



Microfiber with textile inserts

Breathable, robust high-tech textile uppers. Leather-free

EVA/nitrile sole

Lightweight EVA/nitrile sole with high slip resistance (SRC) and all-over damping

Composite flex cap

Toe protection through a metal-free composite Baak flex cap that supports the optimal bending of the foot

Rick 2







71462
Safety half shoe
EN ISO 20345:2011 S1P SRC ESD
Composite Baak flex cap
Textile anti-penetration insole board
Microfiber and mesh material
Climate-regulating textile lining
ESD softstep insock
EVA/nitrile with Baak flex zone
36-40 / 10,5 and 41-50 / 12
Possible











Metal- and leather-free

Ron 2







	ED08/94/PAB
Article no.	71472
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Composite Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber and mesh material
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	EVA/nitrile with Baak flex zone
Sizes/Width	36-40 / 10,5 and 41-48 / 12
Orthopedic insocks	Possible













Lightweight

Rene 2







Article no.	72112
Form	Safety sandal
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Composite Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber and mesh material
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	EVA/nitrile with Baak flex zone
Sizes/Width	36-40 / 10,5 and 41-50 / 12
Orthopedic insocks	Possible











Lightweight

Rico 2







Article no.	74112
Form	Safety sandal
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Composite Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber and mesh material
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	EVA/nitrile with Baak flex zone
Sizes/Width	36-40 / 10,5 and 41-48 / 12
Orthopedic insocks	Possible











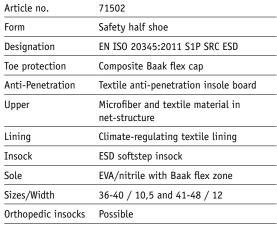


Hook-and-loop fastener

Red











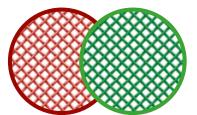












very breathable thanks to ventilation slots in the upper







Article no.	71522
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Composite Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber and textile material in net-structure
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	EVA/nitrile with Baak flex zone
Sizes/Width	36-40 / 10,5 and 41-48 / 12
Orthopedic insocks	Possible
·	













Metal- and leather-free



Rob 2







Article no.	73442
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Composite Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Cow nubuck leather
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	EVA/nitrile with Baak flex zone
Sizes/Width	36-40 / 10,5 and 41-50 / 12
Orthopedic insocks	Possible











Lightweight

Robert 2







	IDIX 9 2 6 W4D
Article no.	73742
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Composite Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Cow nubuck leather
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	EVA/nitrile with Baak flex zone
Sizes/Width	36-40 / 10,5 and 41-50 / 12
Orthopedic insocks	Possible













Metal-free Lightweight

BAAK Industrial go@relax



For normal-width and extra-wide feet

The all-rounders

Relieve pressure on your musculoskeletal system. With the unique Baak® go&relax system, your feet, muscles and joints will stay fit.

Avoid pressure marks and foot ache and choose between two different widths for your safety shoe. You will always find a shoe that fits you, even up to size 50.



Flex zone

Flex zone enabling optimal bending with a natural and functional movement of the foot

Quick-release and hook-and-loop fastener combined

Comfortable fastening system offering additional safety through the hookand-loop fastener for the strap



Perforated microfiber material

Perforated, light shaft design

Aluminium flex cap

Toe protection through a particularly lightweight aluminium Baak flex cap that supports the optimal bending of the foot. The cap of the XW design is 8 mm wider.

Two-width system

normal and extra-wide fit, which are not only different in the last but also in the width of the sole and cap

Herby







Article no.	7008 N / 7008 XW
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1 SRC ESD
Toe protection	Aluminium BAAK Flex cap
Anti-Penetration	-
Upper	Microfiber and textile material in net-structure
Lining	Climate-regulating textile with breathable windows construction
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non marking
Size / Width	36N - 47N / 11 39XW - 50XW / 13
Orthopedic insocks	Possible

















Harry





Article no.	7228 N / 7228 XW
Form	Sicherheits-Sandale
Designation	EN ISO 20345:2011 S1 SRC ESD
Toe protection	Aluminium BAAK Flex cap
Anti-Penetration	-
Upper	Microfiber and textile material in net-structure
Lining	Climate-regulating textile with breathable windows construction
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non marking
Size / Width	36N - 47N / 11 39XW - 50XW / 13
Orthopedic insocks	Possible













Double hook and loop fastener

Very breathable

Upper with ventilation slot for a better breathability



The real two-width system by BAAK

The Baak models with the extra-wide design are different from the normal-width shoes not only in their more voluminous last – many of their parts are different, from the sole to the cap, making them optimally suited for wider feet.

- » A wider XW sole so that wider feet have enough space to rest on the sole.
- » A broader and wider last for more volume.
- » An 8 mm wider toe protection cap giving far more space to wider feet.
- » A slightly asymmetrical cap providing more space, especially for the big toe.



More info on pages 78/79

Henk







Article no.	7007 N / 7007 XW
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Aluminium Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Perforated microfiber material
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non-marking
Sizes/Width	36N - 47N / 11 39XW - 50XW / 13
Orthopedic insocks	Possible













Additional laces included

Leather-free

Hardy







	Englisher dest
Article no.	7227 N / 7227 XW
Form	Safety sandal
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Aluminium Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Perforated microfiber material
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non-marking
Sizes/Width	36N - 47N / 11 39XW - 50XW / 13
Orthopedic insocks	Possible













Double hook-and-loop fastener

Two widths

Leather-free

Hendrik







Article no.	7337 N / 7337 XW
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Aluminium Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Perforated microfiber material
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non-marking
Sizes/Width	36N - 47N / 11 39XW - 50XW / 13
Orthopedic insocks	Possible













Elastic lacing with quick fastener

Additional laces included

Two widths

Leather-free

The real two-width system by BAAK

The Baak models with the extra-wide design are different from the normal-width shoes not only in their more voluminous last – many of their parts are different, from the sole to the cap, making them optimally suited for wider feet.

- » A wider XW sole so that wider feet have enough space to rest on the sole.
- » A broader and wider last for more volume.
- » An 8 mm wider toe protection cap giving far more space to wider feet.
- » A slightly asymmetrical cap providing more space, especially for the big toe.





Can be identified by a grey logo on the shoe



Toe protection cap: Symmetrical shape, sportive look

XW: extra-wide Width 13



Can be identified by a red logo on the shoe



Toe protection cap: 8 mm wider cap, asymmetrical shape

More info on pages 78/79

Also available in width XW, red logo.

Harris





Article no.	7214 N / 7214 XW
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Aluminium Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Smooth leather
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non-marking
Sizes/Width	36N - 47N / 11 39XW - 50XW / 13
Orthopedic insocks	Possible













Two widths

without seams at the sides

Harrison







Article no.	7316 N / 7316 XW
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Aluminium Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Smooth leather
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non-marking
Sizes/Width	36N - 47N / 11 39XW - 50XW / 13
Orthopedic insocks	Possible













Protective overcap

The pulled-up PU sole by Harris and Harrison offers additional protection of the leather during work on construction sites. For those working on their knees, e.g. in industry, it also extends the durability of the shoe effectively.



The real two-width system by BAAK

The Baak models with the extra-wide design are different from the normal-width shoes not only in their more voluminous last – many of their parts are different, from the sole to the cap, making them optimally suited for wider feet.

- » A wider XW sole so that wider feet have enough space to rest on the sole.
- » A broader and wider last for more volume.
- » An 8 mm wider toe protection cap giving far more space to wider feet.
- » A slightly asymmetrical cap providing more space, especially for the big toe.



More info on pages 78/79





also available as woman modell Stacy Art. 3217 (Page 64)



Hector





Article no.	5401
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1 SRC ESD
Toe protection	Alumimium BAAK-Flex cap
Anti-Penetration	-
Upper	Breathable textile material with reflecting PU-applikation
Lining	Climate regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU-Sole with Baak flex zone
Size / Width	38-48 / 11
Orthopedic insocks	Possible













Lightweight Leather-free

BAAK Sports exclusive



For all those who like a chic and sportive style

The sportive ones

This shoe will impress you and others with its expressive sportive design and its top-quality workmanship. Walking and standing becomes especially comfortable with the shoe's all-over damping. Experience its excellent fit that perfectly suits feet of many different shapes.



Jogi







Article no.	7540
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P HRO SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber and nylon textile
Lining	Climate-regulating Cambrelle® lining
Insock	ESD softstep insock
Sole	BSD/nitrile
Size / Width	38-48 / 11+
Orthopedic insocks	Possible











Optimal full-surface damping ESD climate class 1 Leather-free

John







	III BANGARA
Article no.	7542
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P HRO SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber and nylon textile
Lining	Climate-regulating Cambrelle® lining
Insock	ESD softstep insock
Sole	BSD/nitrile
Size/Width	38-48 / 11+
Orthopedic insocks	Possible









Leather-free

ESD climate class 1

ESD climate classes

ESD shoes fulfil the requirements according to EN 61340-5-1. The electronic discharge resistance is between 1×105 ohms and 3.5×107 ohms. The electrostatic charge and discharge depend strongly on the air humidity and thus on the specific climate at the location. The standard distinguishes 3 climate categories. They indicate at which level of air humidity the requirement of ESD shoes are fulfilled. Usually, tests are made at a 50% air humidity. But there are more sensitive areas of application, where ESD requirements have to be fulfilled at a lower level of air humidity.

Climate class 3 = ESD requirements fulfilled at a 50% air humidity

Climate class 2 = ESD requirements fulfilled at a 25% air humidity

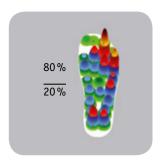
Climate class 1 = ESD requirements fulfilled at a 12% air humidity

The Baak assortment offers some styles which fulfil the criteria for climate class 1 (range "Baak Sports exclusive").

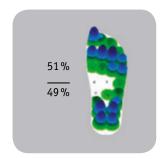
Footprint measurement

With electronic footprint measurement (pedography), the pressure load under the foot during the natural rolling movement – from the heel over the outer ball and the inner ball to the big toe – is shown in different colours.

Green and blue stand for a low pressure load and red and yellow for a high one. The lower the pressure load, the more pressure is relieved from the entire musculoskeletal system.



Common safety shoe, high pressure load



Baak Sports exclusive, perfect shock absorption and pressure distribution, recommended by orthopedic technicians

For more info, see page 80

Joe







Article no.	7533
Form	Safety half shoe open
Designation	EN ISO 20345:2011 S1P HRO SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber and 3D-Mesh textile
Lining	Climate-regulating Cambrelle® lining
Insock	ESD softstep insock
Sole	BSD/nitrile
Sizes/Width	38-48 / 11+
Orthopedic insocks	Possible











Optimal full-surface damping ESD climate class 1

Leather-free

Jens







	ELX DAR MAD
Article no.	7531
Form	Safety half shoe open
Designation	EN ISO 20345:2011 S1P HRO SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber and 3D-Mesh textile
Lining	Climate-regulating Cambrelle® lining
Insock	ESD softstep insock
Sole	BSD/nitrile
Sizes/Width	38-48 / 11+
Orthopedic insocks	Possible











Optimal full-surface damping ESD climate class 1 Leather-free

Jerry







Article no.	7547
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P HRO SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Mesh material and PU net structure
Lining	Climate-regulating Cambrelle® lining
Insock	ESD softstep insock
Sole	BSD/nitrile
Sizes/Width	39-48 / 11+
Orthopedic insocks	Possible











Optimal full-surface damping

Seamless construction

Jim







Article no.	7548
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P HRO SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Mesh material and PU net structure
Lining	Climate-regulating Cambrelle® lining
Insock	ESD softstep insock
Sole	BSD/nitrile
Sizes/Width	38-48 / 11+
Orthopedic insocks	Possible











Optimal full-surface damping

Seamless construction

Leather-free

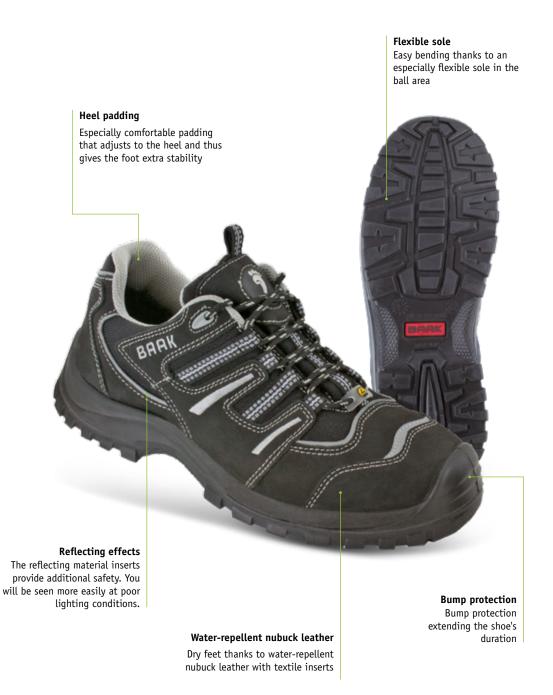
BAAK Sports



For all those who walk a lot and often work on their knees

The flexible ones

Feel how easily your feet bend thanks to the extremely flexible sole, especially while working on your knees. Good bump protection is offered by the outsole pulled up at the front. All of these shoes, which have an excellent fit, are available in sizes up to 50.



Paul







Article no.	7003
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Cow suede leather and textile
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with flex-line for an easy bending, non-marking
Sizes/Width	38-50 / 11
Orthopedic insocks	Possible









Reflective applications Very flexible Up to size 50

Pit







	EDSAGRA
Article no.	7013
Form	Safety sandal
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Cow suede leather and textile
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with flex-line for an easy bending, non-marking
Sizes/Width	38-50 / 11
Orthopedic insocks	Possible









Quick fastener

Up to size 50

Peter







Article no.	7204
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Nubuck leather and textile
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with flex-line for an easy bending, non-marking
Sizes/Width	38-50 / 11
Orthopedic insocks	Possible









Reflective applications

Very flexible

Up to size 50

Philipp







7304
Safety ankle boot
EN ISO 20345:2011 S3 SRC ESD
Steel cap
Textile anti-penetration insole board
Nubuck leather and textile
Climate-regulating textile lining
ESD softstep insock
PU/PU with flex-line for an easy bending, non-marking
38-50 /11
Possible









Reflective applications

Very flexible Up to size 50



BAAK Industrial

3

For price-conscious buyers

The functional ones

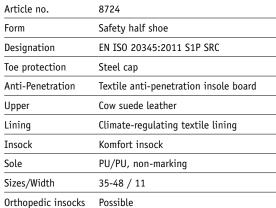
Take advantage of the interesting alternative in the low-price segment, with which you can even use orthopedic insocks.



Hugo















Reflective applications



Henry







Article no.	8424
Form	Safety sandal
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Cow suede leather
Lining	Climate-regulating textile lining
Insock	Komfort insock
Sole	PU/PU, non-marking
Sizes/Width	37-48 / 11
Orthopedic insocks	Possible







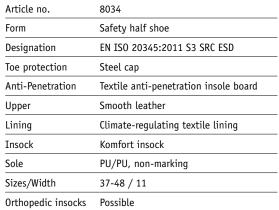


Reflective applications

Heiko















Without seams at the sides

Heel stabilizer

Leather tongue









图5644334
8234
Safety ankle boot
EN ISO 20345:2011 S3 SRC ESD
Steel cap
Textile anti-penetration insole board
Smooth leather
Climate-regulating textile lining
Komfort insock
PU/PU, non-marking
37-48 / 11
Possible









Without seams at the sides

Heel stabilizer
Leather tongue



BAAK Bau



For hard work on construction sites

The construction site experts

Here you can find your penetration-resistant construction site shoe that fits your individual needs.



Safety system

The foot's stability in the shoe gives you extra protection against twisting your ankle.

Double nitrile overcap

Double nitrile overcap for extending the shoe's durability

Board lasted style

Made according to traditional shoemaking techniques. This ensures a permanently good fit as well as high stability in the forefoot area.

Bob







Article no.	6383
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Smooth leather
Lining	Climate-regulating Cambrelle® lining
Insock	Softstep insock
Sole	EVA/nitrile with 5mm lug tread
Sizes/Width	39-47 / 11+
Orthopedic insocks	Possible





Protection against twisted ankles through safety system

Double nitrile overcap

Full-surface damping









Article no.	6683
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S3
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Smooth leather
Lining	Climate-regulating Cambrelle® lining
Insock	Softstep insock
Sole	EVA/nitrile with 5mm lug tread
Sizes/Width	39-47 / 11+
Orthopedic insocks	Possible





Protection against twisted ankles through safety system

Double nitrile overcap

Full-surface damping



Robust nitrile shell sole with shock-absorbing EVA core

Special feature of Big Barney:

Our robust nitrile shell sole for hardest use, not only for construction.

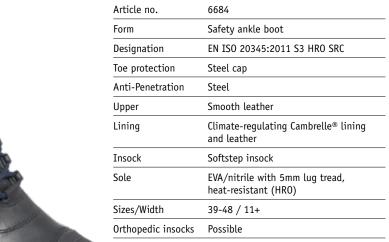
The heat-resistant Baak nitrile shell sole stands for highest resistance to mechanical stress and to aggressive materials (concrete, cement, chemical products).

The soft and elastic comfort core in the inner sole fulfills the highest requirements on an optimized damping for relaxed muscles.

Big Barney













Protection against twisted ankles through safety system

Double nitrile overcap Full-surface damping Special sole



Bert







Article no.	8334
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Smooth leather
Lining	Climate-regulating textile lining
Insock	Komfort insock
Sole	PU/PU, non-marking
Sizes/Width	37-48 / 11
Orthopedic insocks	Possible



















	同学者與此代
Article no.	8634
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Smooth leather
Lining	Climate-regulating textile lining
Insock	Komfort insock
Sole	PU/PU, non-marking
Sizes/Width	37-48 / 11
Orthopedic insocks	Possible









Without seams at the sides

Heel stabilizer Leather tongue







Article no.	22402
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Aluminium BAAK flex cap
Anti-Penetration	Steel
Upper	Smooth leather
Lining	Climate-regulating textile lining and leather vamp lining
Insock	Komfort insock
Sole	PU/PU with BAAK flex zone
Sizes/Width	38-48 / 11
Orthopedic insocks	Possible











Lighter than before Leather vamp lining

Available from November 2018

Andrew2







Article no.	23402
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S3 SRC ESD
Toe protection	Aluminium BAAK flex cap
Anti-Penetration	Steel
Upper	Smooth leather
Lining	Climate-regulating textile lining and leather vamp lining
Insock	Komfort insock
Sole	PU/PU with BAAK flex zone
Sizes/Width	38-48 / 11
Orthopedic insocks	Possible









Lighter than before Leather vamp lining Available from November 2018

Bill







Article no.	6352
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3 HRO SRC
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Genuine oily leather
Lining	Leather lining
Insock	Anatomically shaped insock
Sole	PU/nitrile, short-time heat-resistant up to 300°C (HRO), non-marking
Sizes/Width	39-47 / 11

S3





Protection against twisted ankles through support system

Leather lining

Overcap

Big Bill







Article no.	6652
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S3 HRO SRC
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Genuine oily leather
Lining	Leather lining
Insock	Anatomically shaped insock
Sole	PU/nitrile, short-time heat-resistant up to 300°C (HRO), non-marking
Sizes/Width	39-47 / 11

S3





Protection against twisted ankles through support system

Leather lining

0vercap

Ben



Article no.

6353











Protection against twisted ankle through support system

Leather lining









	bent to the first term
Article no.	6653
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S3 HRO SRC
Toe protection	Composite cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Genuine oily leather
Lining	Leather lining
Insock	Anatomically shaped insock
Sole	PU/Vibram®-nitrile, short-time heat-resistant up to 300°C (HRO), non-marking
Sizes/Width	38-48 / 11

S3







Protection against twisted ankle through support system

Leather lining

Bruce







Article no.	6390
Form	Safety half shoe
Designation	EN ISO 20345:2011 S3 SRC WR
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Smooth leather
Lining	Breathable Sympatex® lining
Insock	Softstep insock
Sole	PU/TPU, non-marking
Sizes/Width	38-48 / 12
Orthopedic insocks	Possible









Waterproof thanks to Sympatex®

Overcap made of titan leather

Leather tongue







	回經濟時期
Article no.	6690
Form	Safety ankle boot
Designation	EN ISO 20345:2011 S3 SRC WR
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Smooth leather
Lining	Breathable Sympatex® lining
Insock	Softstep insock
Sole	PU/TPU, non-marking
Sizes/Width	38-48 / 12
Orthopedic insocks	Possible









Waterproof thanks to Sympatex®
Overcap made of titan leather
Leather tongue

Sympatex® – 100% waterproof, windproof and breathable!

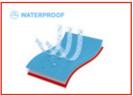


Always have dry feet!

All those who spend much time outdoors have very high demands on their shoes. They should keep the feet dry and regulate the temperature optimally, depending on the weather and activity. 100% waterproof, optimally breathable and 100% windproof.

Environmentally friendly with a 100% recyclable membrane.





100% waterproof



breathable



100% windproof



BAAK Polar



For warm feet when it is cold

The specialists for cold temperatures

When temperatures are low, protect yourself with these boots – with a fluffy, warming woven lamb wool lining and cold-insulating insoles.



The advantages of individual lacing combined with the comfort of a zip fastener

Zip fastener and lacing



Magnus







Article no.	8514
Form	Safety winter boot
Designation	EN ISO 20345:2011 S3 CI
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Smooth cow leather
Lining	Fully lined with warm fur lining
Insock	Insock with fur lining
Sole	PU/PU, cold-insulated, non-marking
Size / Width	38-48 / 11
Orthopedic insocks	Possible







Warm fur lining
Without seams at the sides
Overcap



Magnus-Profi







Article no	8524
Form	Safety winter boot with YKK-zipper on the inner side
Designation	EN ISO 20345:2011 S3 CI
Toe protection	Steel cap
Anti-Penetration	Steel
Upper	Smooth cow leather
Lining	Fully lined with warm fur lining
Insock	Insock with fur lining
Sole	PU/PU, cold-insulated, non-marking
Sizes/Width	38-48 / 11
Orthopedic insocks	Possible







Warm fur lining

Without seams at the sides

YKK zipper Overcap



BAAK Woman premium



For active women

The specialists in ladies

You will feel comfortable in these shoes, which fit ladies' feet especially well as they are made using special ladies' lasts. Walking and standing becomes especially comfortable with the shoes' all-over damping.



Flex zone for a foot-conform bending which enables a natural, functional foot movement



Sue2







Article no	32112
Form	Safety sandal
Designation	EN ISO 20345:2011 S1 SRC ESD
Toe protection	Steel Baak flex cap
Anti-Penetration	-
Upper	Microfiber material
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non-marking
Size/Width	35-42 / 10
Orthopedic insocks	Possible

S1







Special last for ladies' feet

Quick fastener Leather-free







Article no.	3217
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Steel Baak flex cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Breathable textile material with reflecting PU-appliction
Lining	Climate-regulating textile lining
Insock	ESD softstep insock
Sole	PU/PU with Baak flex zone, non-marking
Size/Width	35-42 / 10
Orthopedic insocks	Possible









also available as men's style Hector Art. 5401 (Page 33)

Scarlett







Article no.	3311
Form	Safety half shoe, open
Designation	EN ISO 20345:2011 S1P SRC ESD
Toe protection	Steel cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber material and 3D mesh textile
Lining	Climate-regulating Cambrelle® lining
Insock	ESD softstep insock
Sole	BSD/nitrile, non-marking
Size/Width	36-42 / 10+









Rubber toe protection Special last for ladies' feet Full-surface damping Leather-free

Silvy







Article no.	3425
Form	Safety half shoe
Designation	EN ISO 20345:2011 S1P
Toe protection	Composite cap
Anti-Penetration	Textile anti-penetration insole board
Upper	Microfiber material and mesh material
Lining	Climate-regulating textile lining
Insock	Comfort insock
Sole	EVA/nitrile, non-marking
Size/Width	36-42 / 10+







Special last for female feet Lightweight Metal- and leather-free Full-surface damping

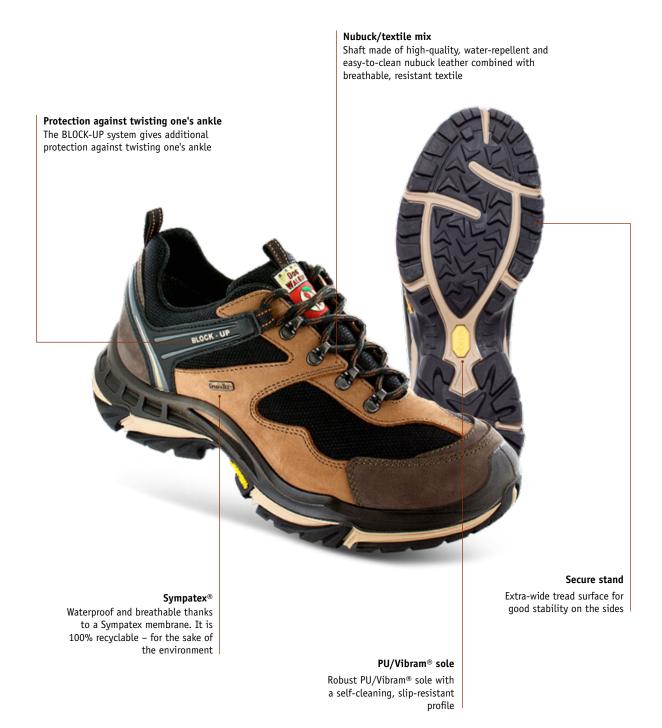


BAAK DogWalker

For dog lovers

The special shoes for dog lovers

To help you keep up when taking the dog for a walk, the Sympatex® membrane keeps your feet dry, the special outsole ensures a very good grip, and the excellent fit gives you high wearing comfort. But of course, the lightweight Baak DogWalkers are also ideally suited for hiking – even without a dog.



Boomer





Article no.	1026
Form	Baak DogWalker Sporty half shoe
Upper	Easy-care nubuck leather and breathable textile
Lining	100% waterproof, windproof and breathable thanks to Sympatex® membrane
Insock	Anatomically shaped climate insock
Sole	PU/Vibram®
Sizes	36-47



Waterproof thanks to Sympatex®

Vibram® outsole

Light weight

Bobby





Article no.	1020
Form	Baak DogWalker half shoe
Upper	Easy-care nubuck leather, softly padded edge
Lining	100% waterproof, windproof and breathable thanks to Sympatex® membrane
Insock	Anatomically shaped climate insock
Sole	PU/nitrile
Sizes	36-47

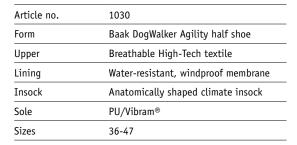


Waterproof thanks to Sympatex®

Light weight

Charly















Article no.	1031
Form	Baak DogWalker half shoe
Upper	Easy-care hydrophobized microfiber and breathable textile
Lining	100% waterproof, windproof and breathable thanks to Sympatex membrane®
Insock	Anatomically shaped climate insock
Sole	PU/TPU
Sizes	36-47



Waterproof thanks to Sympatex®

Ultralight Leather-free

Available from November 2018

Lucky



Article no.	1021
Form	Baak DogWalker ankle boot
Upper	Easy-care nubuck leather, softly padded edge
Lining	100% waterproof, windproof and breathable thanks to Sympatex® membrane
Insock	Anatomically shaped climate insock
Sole	PU/nitrile
Sizes/Width	36-47



Waterproof thanks to Sympatex®

Lightweight

Lines





Article no.	1027
Form	Baak DogWalker ankle boot
Upper	Easy-care genuine oily cow leather
Lining	100% waterproof, windproof and breathable thanks to Sympatex® membrane
Insock	Anatomically shaped climate insock
Sole	PU/Vibram®
Sizes/Width	36-47



Waterproof thanks to Sympatex® Vibram® outsole Lightweight



Rocco



1029
Baak DogWalker Profi boot
Easy-care genuine oily cow leather for protection against wetness and coldness
100% waterproof, windproof and breathable thanks to Sympatex® membrane
Anatomically shaped climate insock
PU/Vibram®
36-47



Waterproof thanks to Sympatex®

Vibram® outsole
All-season boot

Extremely lightweight



Rocky



Article no.	1023
Form	Baak DogWalker winter boot
Upper	Easy-care genuine oily cow leather for extreme protection against wetness and coldness
Lining	100% waterproof, windproof and breathable thanks to Sympatex® membrane and warm fur lining
Insock	Anatomically shaped climate insock
Sole	PU/Vibram®
Sizes/Width	36-47



Waterproof thanks to Sympatex®

Vibram® outsole

Warm winter boot

Extremely lightweight

BAAK Accessories

For our shoes





Baak ESD Softstep insock for women's shoes

	Article 110. 4000	Article no (660	Article no.	4660	
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- » Softly damping, shock-absorbing insock made of PU foam
- » Breathable, with particularly good moisture absorption and release. Moisture is carried away from the foot quickly.
- » Antibacterial and fungicidal thanks to silver ions
- » Conductive and thus especially well suited for ESD shoes
- » Sizes 35-42
- » Usable for Models 32112, 3217, 3311

Baak ESD Softstep insock for men's shoes

Article no.	4661	4662
Design	N (normal)	XW (wide)

- » Softly damping, shock-absorbing insock made of PU foam
- » Breathable, with particularly good moisture absorption and release. Moisture is carried away from the foot quickly.
- » Antibacterial and fungicidal thanks to silver ions
- » Conductive and thus especially well suited for ESD shoes
- » Normal design: Usable for the models of the Baak Ultralight, Baak Sport light (sizes 36 - 40), Baak Industrial go&relax N, Baak Sport exclusive, Baak Sports, Baak Industrial, the models 6383, 6683, 6684, 6390, 6690, 8334 and 8634
- » Wide design: Usable for the models of the Baak Sport light series (sizes 41 - 50), Baak Industrial go&relax XW

Baak ESD Ortho-Step insock

4663



- » Softly damping, shock-absorbing insock made of PU foam
- » Breathable, with particularly good moisture absorption and release. Moisture is carried away from the foot quickly.
- » Antibacterial and fungicidal thanks to silver ions
- » Conductive and thus especially well suited for ESD shoes
- » Size control for determining the right shoe size
- » Sizes 38-48

Article no.

- » Usable for the models of the Baak Unity series
- » precise assignment available on www.baak.de/en in the download area



Baak Komfort insock

Article	no.	461	1

- » Softly damping, shock-absorbing insock made of EVA foam
- » Damping element in the ball and heel areas
- » Breathable thanks to perforation in the forefoot area
- » Antistatic thanks to conductive thread
- » Sizes 37-48
- » Usable for models at the range Industrial, as well as for models 8334, 8634, 22402 and 23402



Baak Gel-Komfort insock

Article	no.	4625

- » Softly damping, shock-absorbing insock made of EVA foam
- » Damping element in the ball area and gel pad in the heel
- » Breathable thanks to perforation in the forefoot area
- » Antistatic thanks to conductive thread
- » Sizes 38-48
- » Usable for models 6390, 6690



Baak COOLMAX® functional sock

Article no.	413639	414043	414447
Size	36-39	40-43	44-47
Composition	55% COOLMAX®, 35% polyamide, 8% polypropylene, 2% elastane		

- » Optimal foot climate thanks to the breathable COOLMAX®
- » Strengthening through padded zones in the toe, sole and heel areas
- » Comfortably fitting band
- » Öko-Tex standard 100
- » Washable up to 30°C







Baak shoe laces

Article no.	2950	2952	2955
Colour	black/grey	black/grey	black/grey
For Models	all	all	all
Length	100 cm	120 cm	150 cm

AK Know-How

Your advantages with BAAK

For you - healthy and safe



Safety shoes with Baak® go&relax system



Environment protection in cooperation with the service provider Interseroh

State-of-the-art safety shoes

BAAK ist the leading producer of safety shoes that are optimally suited to the foot. The company's own product development department keeps doing research on the latest technologies, materials and ideas for the sake of those who wear safety shoes. For example, Baak was the first safety shoe manufacturer to identify the excellent benefits of a lightweight, damping sole material from the running shoe sector and introduced EVA into the safety shoe industry with great success.

To keep improving our competence in optimally suited safety shoes, we also like to cooperate with experts from neighbouring disciplines. For example, we developed the Baak® go&relax system in cooperation with one of the world's leading biomechanists, Prof. Dr. Gert-Peter Brüggemann.

A high level of quality

For Baak, a functioning quality management system plays an important role. The quality of the raw materials, the individual shoe parts and the finished safety shoes is controlled permanently. This is done by specially trained Baak staff at the production sites and, of course, also at the incoming goods department.

For the sake of the environment

In cooperation with a major recycling company, Baak ensures that all sales and packing materials are disposed of in an environmentally appropriate way and recycled with a CO2 certificate. The transport of our parcels by the parcel service DPD is CO2-neutral. Almost all communication with our distributors is environmentally friendly, i.e. paperless. Order confirmations and invoices are sent mainly by email.

High delivery performance

The goods are dispatched from our warehouse in Germany, where Baak keeps its stocks of its entire product range. In addition, most distributors keep stocks of their end customers' shoe models.

Safety shoes that are really safe

Baak is a member of the German Standards Committee. We know our trade and are aware of our responsibility. All safety shoes are certified according to the most recent European standards. The compliance with those standards is checked permanently.

More than protection - long-term health maintenance

Compliance with all protection standards is self-evident. Besides, the development of Baak's safety shoes focuses on the long-term health maintenance of those who wear them. Only safety shoes optimally suited to the feet allow them to move naturally.

The feet, muscles and joints stay fit, which relieves pressure on the entire musculoskeletal system. For this reason, we have developed the unique Baak® go&relax system.

Only the combination of the Baak® flex cap and the Baak® flex zone and the H-coupling element in the outsole allows the feet to bend in a natural, optimal way in the area of the basic toe joints while walking, and keeps those who wear the shoes healthy in the long term.

Safety shoes that adjust to your feet

With the Baak® go&relax system, your shoe adjusts to the natural bending behaviour of your foot.

Thanks to the Baak® multi-width system, the shoe takes over the individual width and shape of your foot.

The Baak® fitting system closes the gap between your foot and your shoe individually.

Advice and support

Baak will be happy to support you – with staff training, joint presentations for end customers or assistance in the case of problems.

Our company has the human touch

This concerns our relationships with those who wear our safety shoes, with our distributors and production partners, and with our own staff. As an owner-managed family business, we are aware of our social, ecological and economic responsibility.

Sustainable actions as well as fundamental social values and minimum standards are self-evident to us. In particular, this also applies to the working conditions at the manufacturing sites of your Baak safety shoes. We will be happy to send you our "Code of Conduct".



A useful contribution to company health management



Part of the Baak team

The BAAK go@relax system

The revolution of the safety shoe

Patent pending!

Natural and functional foot load

Our innovative system was developed, above all, for persons who wear safety shoes for several hours a day. For this customer group, a natural and functional foot load is especially important - A less tiring way of walking all over the whole working day.

In common safety shoes, the feet are bent in an unnatural way with every step, due to straight toe protection caps. Additionally, stiff outsoles limit the movement of the basic toe joints. The two small outer toes are not integrated into the rolling movement. An improper load on the foot muscles, sinews and ligaments is possible – and serious consequences for the foot dynamics and body statics, too.





"A natural and functional movement of the foot in the shoe contributes to maintaining the health of the foot, the muscles and the joints. That relieves pressure on the entire musculoskeletal system!"

Prof. Dr. Gert-Peter Brüggemann

1. Asymmetrical toe cap

The BAAK® flex cap ensures that the basic toe joints are bent in a functional way - and thus also ensures a more "relaxed" way of walking.





3. Biomechanical H-coupling element

The BAAK® H-coupling element, integrated into the outsole, connects the forefoot and hindfoot elastically, supports the bending of the toes in a way suited to their position and ensures stability together with control.



Healthy feet

Healthy feet relieve pressure on the entire musculoskeletal system.

2. Biomechanically optimized flex zone

The BAAK® flex zone in the outsole is optimally suited to the foot and allows all basic toe joints to bend in a natural and functional way.





Three elaborate features

Thanks to those three functional elements, the BAAK® go&relax system for safety shoes involves all five toes in the rolling movement. So while walking, the load is distributed optimally over all muscles and joints involved. BAAK® go&relax consists of a unique combination of components for a natural bending - thus ensuring healthy feet that relieve pressure on the entire musculoskeletal system.

Always stay fit

The patent-pending Baak® go&relax system distributes the load optimally over all muscles and joints involved - with every step. The feet, muscles and joints stay fit. That relieves pressure on the entire musculoskeletal system. Unequal load distributions are prevented successfully. Walking is really comfortable. A shoe should always allow the foot to do what it wants to do naturally. Therefore, for people who wear safety shoes for many hours a day, a natural and functional foot load distribution is of particular importance. Safty shoes with the patent-pending Baak® go&relax system are a recommendable addition to the company health management.

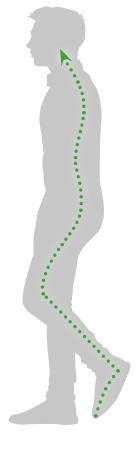
BAAK® go&relax can:*

- · reduce the risk of knee athrosis
- · improve the position of the trunk
- · influence the back musculature and possibly contributes to pain reduction









Healthy feet release the whole musculoskeletal system



Incorrect loading and its results

Due to the unnatural form of common toe protection caps, the feet bend in an unnatural way in the section of the basic toe joints, with every step. In addition, most of the existing outsoles are stiff like a plaster cast. This limits the movement of the basic toe joints.

The load during walking is not distributed optimally. The musculature, sinews and ligaments of the feet are more or less deactivated. The muscles of the feet are weakened when they were not used. The consequences are negative for the dynamics of the foot and the whole body statics.

BAAK Toe Protection Caps

Three materials - always safe

Toe protection caps for safety shoes must be able to resist an impact energy of 200 joules, independently of their material (pursuant to EN 20345:2011). 200 joules are achieved when a weight of 20 kg drops from a height of 1 metre. In another test, the toe protection caps must resist a static pressure of 1.5 tons (15 kilo newton). Baak uses toe protection caps made of three different materials: steel, aluminium and composite. The shape and design of the toe protection caps has a decisive effect on the space for the toes and the rolling of the foot.

Cap materials

Steel caps

have always been used for safety shoes. They are stable, and their weight is less than 100 grams for size 42.

Aluminium caps

are 40% lighter than steel caps. Due to the weaker resistance of aluminium, they are a bit thicker than the steel ones in order to comply with the stability requirements of the standards. They are anti-magnetic.

Composite caps

consist of composite materials, which obtain the necessary stability from synthetic resins. They are also 40% lighter than steel caps, and their material thickness is higher than that of steel caps. They enable the production of completely metal-free safety shoes.

Nano-fiberglass caps

are a further development of common composite caps with an improved synthetic resin composition, which enables a higher stability of the caps and/or a lower material thickness and weight. Black is the typical colour of the metal-free caps.

Cap shapes

Symmetrical caps

are used mainly for slim and normal-width feet. The instep of those feet runs relatively close to the centre towards the second toe, which is also the longest toe in most cases. Shoes with symmetrical caps have a sportive look.

Asymmetrical caps

are often used for relatively wide feet. The instep of those feet runs towards the big toe, which is also the longest toe in most cases. Shoes with asymmetrical caps provide more space in the area of the big toe.

In addition, in the Baak two-width system, the asymmetrical cap for the extra-wide shoes is 8 mm wider than the symmetrical cap of the normal-width shoes. The Baak® two-width system is used for the models of the Baak Industrial series with the Baak® go&relax system (see page 25ff).

Cap design

Baak® flex caps are extended on the outside. Thus, in combination with the Baak® flex zone in the outsole, it is possible for the feet to bend naturally in the area of the basic toe joints.



Different toe caps for different shoe widths



Functional foot load thanks to the Baak® flex cap and Baak® flex zone

Baak Width Technology

Making sure that your shoe fits you well

Every foot is very individual. This is true not only for the foot's length but also for its width. About half of all human beings (50%) have feet of average width, 45% have extra-wide feet and 5% have narrow ones.

Which Baak series for what type of foot?

For normal-width feet: all Baak series

In all series, you will find shoes that are suitable for normal-width feet. Shoes of the widths 11 (N), 11+ and 12 offer an excellent fit for those feet. The individual adjustment is done through the lacing, the quick-release fastener or the hook-and-loop fastener.

For normal-width and extra-wide feet: the Baak Industrial go&relax series



The real Baak® two-width system – two shoes for two widths

The five models of this series offer individual fits for normal-width and extra-wide feet. Here, Baak uses the real two-width system: Each width has its own special sole shape, its own last and its own toe protection cap shape. This is the only way to ensure that the foot always rests on the sole optimally. Width N = N - N = N Width N = N Wid

As the shape of slimmer and wider feet is not the same, two different lasts ensure the perfect fit for each type of foot. With the 8 mm wider toe protection cap (difference from Width N at size 42), even relatively wide feet are given enough space for their toes.

For all feet: the Baak Unity series



The unique Baak® multi-width system – one shoe for many widths

The unique Baak® multi-width system of the Baak Unity series offers individual width adjustment in the width range from 10 to 14 with only one shoe. How is that possible? It's quite simple: The Baak Unity models actually consist of two shoes, an inner and an outer one.

The "inner" shoe consists of an extremely elastic Baak flex mesh material, the sock shaft. It adjusts individually to your foot and to its width and shape. The necessary stability is given by the six stabilizing straps of the "outer" shoe. Baak Unity – the genius in fits. The custom shoe that you can buy off the rack.

To learn more about our width technology, visit our website: www.baak.de/en



Every foot is individual.



The width N can be identified by a grey BAAK-foot, the width XW by a coloured BAAK-foot.



Baak Sole Technology

Different materials for different needs

The soles of our safety shoes consist of two layers that serve different purposes: the midsole and the outsole. The midsole is soft and elastic. It provides good damping and reduces stress on the joints. The outsole is harder and resistant to mechanical and thermal influences. It is also slip-resistant and as abrasion-resistant as possible. The profile layout and the bending behaviour are among the decisive factors that allow the foot to roll over.



Midsole-materials

EVA: ethylene vinyl acetate / BSD / LIEVA

EVA is a very lightweight high-quality caoutchouc foam that is also used as midsole material in running shoes. Pressure-moulded EVA is not only very lightweight and elastic but also has excellent damping properties. Another advantage is its great temperature range from -30 °C to +170 °C. Baak was one of the first safety shoe manufacturers to identify those benefits and uses EVA for many of its models. BSD (Baak Special Damping) is a further development of EVA by Baak with an optimized durability, damping and bending behaviour. **LIEVA (liquid injected EVA)** is a state-of-the-art technology which shows a higher energy absorption with improved durability due to its production process in which liquid EVA is pressed with the help of pressure and temperature.

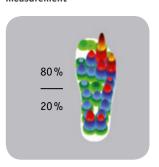
Electronic footprint measurement

With electronic footprint measurement (pedography), the pressure load under the foot during the natural rolling movement – from the heel over the outer ball and the inner ball to the big toe – is shown in different colours. Green and blue stand for a low pressure load and red and yellow for a high one. The lower the pressure load, the more pressure is relieved from the entire musculoskeletal system.

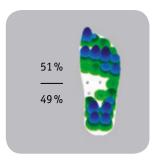
PU: polyurethane

Polyurethane is a foamed plastic that is characterized by high elasticity and a comfortable damping behaviour.

Electronic footprint measurement



Common safety shoe, high pressure load



Baak models with EVA and BSD midsole, optimal damping and balanced pressure distribution (51% at the front, 49% at the back).

Outsole materials

Nitrile rubber

The outsoles made of nitrile rubber are highly resistant to oils, fuels, many acids and faeces. They are very slip-resistant, robust and durable and have an excellent abrasion behaviour. In addition, they can be heat-resistant up to 300°C. Nitrile rubber outsoles are a little heavier than PU outsoles. Therefore, Baak combines them with particularly lightweight midsole materials in most cases. Nitrile outsoles with a rough lug tread are especially well suited for use in areas with sharp-edged splinters of glass and cuttings on the floor.

PU: polyurethane

Outsoles made of polyurethane, like nitrile rubber outsoles, are resistant to oils, fuels and certain chemicals. They are more lightweight than rubber and have good damping properties. They are heat-resistant up to 120°C and flexible at low temperatures up to -30°C.

TPU: thermoplastic polyurethane

Thermoplastic polyurethane is a special PU. It has the same positive properties and some more advantages such as a better abrasion behaviour, bending endurance and slip resistance.

Outsole design

Outsoles with the Baak® go&relax system allow the feet to bend naturally in the area of the basic toe joints. This is guaranteed by the Baak® flex zone – which is specially integrated in the outsole – in combination with the Baak® flex cap and the H-coupling element.



The Baak® flex zone allows the feet to bend naturally.











Outsoles with Baak® flex zone from the Baak Unity, Baak Sports light and Baak Industrial and Baak Ultralight

AK Know-How

BAAK und ESD



Electrostatic discharge – protect your products



electrostatic discharge



The wear of ESD shoes in the production process protects electronic components from destruction.

What do ESD safety shoes by Baak offer you?

Baak has developed into an ESD specialist in recent years. All ESD safety shoes by Baak have been optimized for their ESD capabilities down to the minutest details. For example, they have electrostatically conductive insole boards and insocks. As a result, the recommended discharge resistance is achieved safely even if the shoe is not in contact with the grounded floor all over.

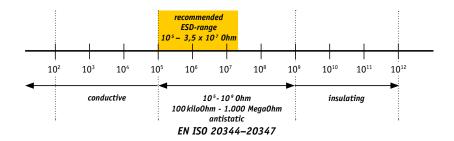
What does ESD (electrostatic discharge) mean?

Each of us "gets a jolt" from time to time when touching a doorknob, other people etc. The reason is that you have been charged electrostatically, for example while walking on a carpet. But sometimes the "friction" of your body at the air is sufficient. If you come close to an uncharged or differently charged object, a spontaneous discharge takes place, comparable to a mini-lightning. Human beings feel those discharges starting at a voltage of about 2,000V. Each of us causes small discharges every day, but they are not perceptible because most of them are considerably below 2,000V.

But if you are in touch with an electronic element, it might even be damaged due to the non-perceptible discharges. Besides this damage, the quality of this element could decrease, and as a consequence, your claim rate might raise.

But also in areas with an increased danger of fire or explosion, electrostatic discharges have to be avoided. They could fan flames or spark explosive gases.

There are various possibilities to avoid uncontrolled electrostatic discharges. Probably the most practical and flexible one is to wear ESD shoes on a grounded floor. The target is to be charged with a voltage at a maximum of 100 volts (currently recommended limit). Of course, your clothing and your entire workplace should have ESD properties, too.

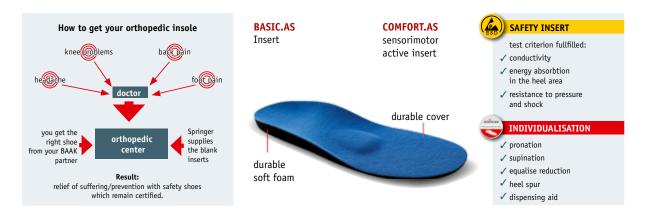


Info about climate classes on page 37

More info and advice about ESD safety shoes you will find on our website: www.baak.de/en

Baak and orthopedic foot protection

Individual and standard



The 4 steps to get your orthopedic insock:

- Take your DGUV-Rule 112-191 certified Baak safety shoe and your prescription to the orthopedic shoemaker or medical supply store of your own choice.
- The orthopedic shoemaker orders the correct blank for you according to the prescription. Please have a look at our website: here you see which orthopedic insock is certified for which shoe.
- The orthopedic shoemaker modifies the blanks according to your individual needs.
- ___ The standard insock will then be replaced by your new insock

It is guaranteed that after the modification, the shoes will still comply with the EN ISO 20345 standard and offer the same protection to the wearer as all other products from Baak.

The orthopedic blanks are available here

Springer Aktiv AG

Insock Basic AS und Insock Comfort AS
Info and supply on www.springer-berlin.de

Schuhe + Orthopädie Wurzlbauer GmbH

Insock Ped ESD, Ped ESD Dia, Sensomot 1 und Sensomot 2 Info and supply on www.wurzlbauer.com

Bauerfeind AG

ErgoPad work

Info and supply on www.bauerfeind.com

Note: Wearing personal inserts which are not certified is not allowed. The certification of the safety shoe, and thus its insurance cover, will be lost as a result.



This sign shows you the Baak models that are certified for orthopedic insocks generally. Every shoe that has such a certification has an info hangtag attached.

You can find further detailed information on certified inserts and on the DGUV Rule 112-191 as well as the Austrian Norm Z 1259 standard on our website at www.baak.de/en

At a glance

Standards, safety categories & additional requirements

Baak safety shoes comply with the EN ISO 20345 standard and are therefore fitted with protective caps which can withstand a testing energy of 200 joules and a pressure of 15 kN. They meet all of the basic requirements of the EC Directive (EU) 2016/425 on personal protective equipment.



Safety Category S1

The shoes of this category are suitable for areas in which no influence of moisture is expected.

They fulfil the important additional requirements: the ability to absorb energy in the heel, a closed heel area, a fuel-resistant sole and an antistatic design of the outsole.



Safety Category S2

As S1, but with uppers preventing water penetration, for areas in which the influence of moisture is expected.



Safety Category S3

As S2, but, in addition, with a penetration-resistant midsole, for areas in which the risk of sharp objects penetrating the sole exists.



Penetration protection

Protection against the penetration of sharp objects through the sole (S1P).



Heat resistance

Protection against contact heat through a heat-resistant outsole (60 seconds at up to 300°C).



Cold insulation

Protection against cold through a cold-insulation outsole (max. temperature drop of 10°C in 30 min).



Waterproof

Protection against water penetration (tested on the complete shoe).



Slip resistance

Slip resistance of the highest category according to DIN EN 13287, test passed on ceramic tiles with detergent (SRA) as well as steel floor with oil (SRB).



Metal-free

100% metal-free safety shoes



Two-width

Models available in two widths (p. 79)



Multi-width

Models with adjustable width (p. 79)



DGUV Rule 112-191

Models certified for orthopedic insocks (p. 83)



ESD - Electrostatic discharge

Reduces electrostatic charge (p. 82)



SympaTex®

windproof, waterproof, breathable



Vibram®

Outdoor sole with good running properties



Safety shoes with the Baak® go&relax system and a special width concept



BAAK® go&relax can

due to "bottom up" strategy

- reduce the risk of knee athrosis
- improve the position of the trunk
- influence the back musculature and possibly contributes to pain reduction



Ultralight

Almost like barefoot, but safer. Absolutely metal-free and ultralight. Styles from 390 g. (size 42)



BOA® locking system

The safety shoe can be put on and taken off quickly. It makes workaday life easier and masters every challenge.



- These shoes have our usual good fit.
- They allow the feet to move in a natural and functional way.
- In addition, they have a special width concept.
- The feet, muscles and joints stay fit.
 That relieves pressure on the entire
 musculoskeletal system.



- These shoes have our usual good fit.
- They allow the feet to move in a natural and functional way.
- The feet, muscles and joints stay fit. That relieves pressure on the entire musculoskeletal system.



Normal safety shoes

These shoes have our usual good fit.

	S1	S2	S3
Basic requirements according to ISO 20345:2011	✓	✓	✓
Closed seat region	✓	✓	✓
Resistance to fuel oil	✓	✓	✓
Antistatic properties	✓	✓	✓
Energy absorption in seat region	✓	✓	✓
Water penetration / absorption of the upper		✓	✓
Penetration resistance (P)			✓
Cleated outsole			✓

BAAK Product range

Overview sorted by name

Name	Article	Page
Andrew2	23402	53
Andy2	22402	53
Barry	1031	69
Ben	6353	55
Bert	8334	52
Big Barney	6684	51
Big Ben	6653	55
Big Bert	8634	52
Big Bill	6652	54
Big Bob	6683	50
Big Bruce	6690	56
Bill	6352	54
Bob	6383	50
Bobby	1020	68
Boomer	1026	68
Bruce	6390	56
Captain Jogi	5080	16
Captain John	5082	16
Charly	1030	69
Chris	5003	15
Chuck	5004	15
Clark	5002	14
Conner	5001	14
Hardy	7227 N/XW	28
Harris	7214 N/XW	30
Harrison	7316 N/XW	30
Harry	7228 N/XW	26
Hector	5401	33
Heiko	8034	47
Heinrich	8234	47
Hendrik	7337 N/XW	29
Henk	7007 N/XW	28
Henry	8424	46

Name	Article	Page
Herby	7008 N/XW	26
Hugo	8724	46
Jens	7531	38
Jerry	7547	39
Jim	7548	39
Joe	7533	38
Jogi	7540	36
John	7542	36
Lines	1027	70
Lucky	1021	70
Magnus	8514	60
Magnus Profi	8524	61
Optimus Blue	5201	10
Optimus Stone	5212	10
Paul	7003	42
Peter	7204	43
Philipp	7304	43
Pit	7013	42
Red	71502	22
Reeny	71522	22
Rene2	72112	21
Rick2	71462	20
Rico2	74112	21
Rob2	73442	23
Robert2	73742	23
Rocco	1029	71
Rocky	1023	71
Ron2	71472	20
Scarlett	3311	65
Silvy	3425	65
Stacy	3217	64
Sue2	32112	64

RAAK nroduct range

BAAK Product range

Overview sorted by article number

Article	Name	Page
1020	Bobby	68
1021	Lucky	70
1023	Rocky	71
1026	Boomer	68
1027	Lines	70
1029	Rocco	71
1030	Charly	69
1031	Barry	69
22402	Andy2	53
23402	Andrew2	53
32112	Sue2	64
3217	Stacy	64
3311	Scarlett	65
3425	Silvy	65
5001	Conner	14
5002	Clark	14
5003	Chris	15
5004	Chuck	15
5080	Captain Jogi	16
5082	Captain John	16
5201	Optimus Blue	10
5212	Optimus Stone	10
5401	Hector	33
6352	Bill	54
6353	Ben	55
6383	Bob	50
6390	Bruce	56
6652	Big Bill	54
6653	Big Ben	55
6683	Big Bob	50
6684	Big Barney	51
6690	Big Bruce	56
7003	Paul	42
		-

Article	Name	Page
7007 N/XW	Henk	28
7008 N/XW	Herby	26
7013	Pit	42
71462	Rick2	20
71472	Ron2	20
71502	Red	22
71522	Reeny	22
7204	Peter	43
72112	Rene2	21
7214 N/XW	Harris	30
7227 N/XW	Hardy	28
7228 N/XW	Harry	26
7304	Philipp	43
7316 N/XW	Harrison	30
7337 N/XW	Hendrik	29
73442	Rob2	23
73742	Robert2	23
74112	Rico2	21
7531	Jens	38
7533	Joe	38
7540	Jogi	36
7542	John	36
7547	Jerry	39
7548	Jim	39
8034	Heiko	47
8234	Heinrich	47
8334	Bert	52
8424	Henry	46
8514	Magnus	60
8524	Magnus Profi	61
8634	Big Bert	52
8724	Hugo	46

BAAK Product Range

Overview sorted by safety category

Safety category S1



Optii	nus Blue
Article no.	5201
Size	38-48
Page	10





	Conner
Article no.	5001
Size	39-48
Page	14
A	con con tot





	Clark
Article no.	5002
Size	39-48
Page	14





	негру
Article no.	7008N/XW
Size	36-50
Page	26
<u> </u>	5553



	наггу
Article no.	7228N/XW
Size	36-50
Page	26
<u>@</u>	5553



	Hector
Article no.	5401
Size	38-48
Page	33
	S S 🔻



	Sue2
Article no.	32112
Size	35-42
Page	64
<u> </u>	884

Safety category S1P



Optimus Stone	
Article no.	5212
Size	38-48
Page	10
	8.00







	Chris
Article no.	5003
Size	39-48
Page	15
A 46	tot



Captain Jog	
Article no.	5080
Size	39-48
Page	16
<u>@</u>	35 3



Captain John	
Article no.	5082
Size	39-48
Page	16
<i>⊗</i> 	553



	R1CK2
Article no.	71462
Size	36-50
Page	20
4	55



	Ron2
Article no.	71472
Size	36-48
Page	20
<u> </u>	553



	Kenez
Article no.	72112
Size	36-50
Page	21
<u>@</u> 🔗	55



	Rico2
Article no.	74112
Size	36-48
Page	21
	553



	Red
Article no.	71502
Size	36-48
Page	22
<u> </u>	553



	Reeny
Article no.	71522
Size	36-48
Page	22
(A) (2)	5 5 ¥



	Henk
Article no.	7007 N/XW
Size	36-50
Page	28
<u>@</u>	9993

Safety category S1P



	Hardy
Article no.	7227 N/XW
Size	36-50
Page	28
_	A =1





	Hendrik
Article no.	7337 N/XW
Size	36-50
Page	29
A A	ea ea ea 🦦





	Jogi
Article no.	7540
Size	38-48
Page	36
	3



	John
Article no.	7542
Size	38-48
Page	36
<u>@</u>	3



	Jelis
Article no.	7531
Size	38-48
Page	38
4	"



	Joe
Article no.	7533
Size	38-48
Page	38
@	5



	Jerry
Article no.	7547
Size	39-48
Page	39
	5



39	ge
38-48	e
7548	icle no.
75	icle no.

Jim



	Paul
Article no.	7003
Size	38-50
Page	42
<u> </u>	5



	Pit
Article no.	7013
Size	38-50
Page	42
	5



	пешу
Article no.	8424
Size	37-48
Page	46
<i>⊗</i> <u>(4)</u>	5



	Hugo
Article no.	8724
Size	35-48
Page	46
∂	5



	Stacy
Article no.	3217
Size	35-42
Page	64
<u> </u>	553



	Scarlett
Article no.	3311
Size	36-42
Page	65
4	7



	Silvy
Article no.	3425
Size	36-42
Page	65
0	3

S3

Safety category S3



	Списк
Article no.	5004
Size	39-48
Page	15
<u> </u>	553



	Rob2
Article no.	73442
Size	36-50
Page	23
a a	5 5 🖠



	Robert2
Article no.	73742
Size	36-48
Page	23
<u></u>	993



	Harris
Article no.	7214 N/XW
Size	36-50
Page	30
(A) (2)	888



	Harrison
Article no.	7316 N/XW
Size	36-50
Page	30
	to the



	Peter
Article no.	7204
Size	38-50
Page	43
	5

roduct range

BAAK Product Range

Overview sorted by safety catagory

S3

Safety category S3



	Philipp
Article no.	7304
Size	38-50
Page	43
<u>@</u>	(3)



	Heiko
Article no.	8034
Size	37-48
Page	47
⊘	(3)



	Heinrich
Article no.	8234
Size	37-48
Page	47
<i>⊗</i> 	3



	Bob
Article no.	6383
Size	39-47
Page	50
8	5



	RIG ROD
Article no.	6683
Size	39-47
Page	50
8	5



	Big Barney
Article no.	6684
Size	39-48
Page	51
0	3



	Bert
Article no.	8334
Size	37-48
Page	52
<i>⊗</i> 	5



	Big Bert
Article no.	8634
Size	37-48
Page	52
€	5



	Andy2
Article no.	22402
Size	38-48
Page	53
	553



	Andrew2
Article no.	23402
Size	38-48
Page	53
	\$ 5 ¥



	DILL
Article no.	6352
Size	39-47
Page	54
	-



	Big Bill
Article no.	6652
Size	39-47
Page	54
	5



	Ben
Article no.	6353
Size	38-48
Page	55



Article no.	6653
Size	38-48
Page	55
	-

Big Ben



	Diuce
Article no.	6390
Size	38-48
Page	56
@ ~	5



	Big Bruce
Article no.	6690
Size	38-48
Page	56
<u></u>	-



	Magnus
Article no.	8514
Size	38-48
Page	60
8	5



Magnus-Profi	
Article no.	8524
Size	38-48
Page	61
0	5

BAAK Product Range

Casual shoes



	Boomer
Article no.	1026
Size	36-47
Page	68



	Bobby
Article no.	1020
Size	36-47
Page	68



	Charly
Article no.	1030
Size	36-47
Page	69



	Barry
Article no.	1031
Size	36-47
Page	69



	Lucky
Article no.	1021
Size	36-47
Page	47



	Lines
Article no.	1027
Size	36-47
Page	70



	Rocco
Article no.	1029
Size	36-47
Page	71



Rocky
1023
36-47
71







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Produktname



Artikelnr.	x
Form	x
Norm	x
Zehenschutz	х
Durchtrittschutz	х
Schaft	х
Futter	x
Fußbett	х
Sohle	х
Größen / Weite	x / x

Produktname



Artikelnr.	x
Form	x
Norm	x
Zehenschutz	x
Durchtrittschutz	x
Schaft	x
Futter	x
Fußbett	x
Sohle	х
Größen / Weite	x / x

Produktname



Artikelnr.	x
Form	x
Norm	x
Zehenschutz	x
Durchtrittschutz	х
Schaft	x
Futter	x
Fußbett	x
Sohle	x
Größen / Weite	x / x

Produktname



Artikelnr.	х
Form	x
Norm	х
Zehenschutz	х
Durchtrittschutz	x
Schaft	х
Futter	х
Fußbett	х
Sohle	х
Größen / Weite	x/x