

# Semi-orthopedic insoles

## Baak Orthostep+

As different as people are, so are their feet. And this applies not only to length, width and instep, but also to the shape underneath the feet, especially the height of the foot arch. These arches are very important for the proper functioning of the foot because they act as natural shock absorbers.

In addition to the normal foot, there is also the flat or splayfoot, which is based on a drop in the arch, and the hollow foot, where the arch is particularly pronounced.



Flat or splayfoot  
- low arch of foot



Normal foot  
- normal high arch



Hollow foot  
- high arch of foot

In order to optimally support these three foot shapes, we offer the semi-orthopedic insole Baak Orthostep+ with three different heights of longitudinal arch. This allows the body weight to be distributed more evenly over the foot and the cushioning to be individually improved in order to reduce pressure points and pain under the foot and relieves the back.

### IMPORTANT

The determination of foot type and our semi-orthopedic insoles do not replace an orthopedic checkup and – if necessary – an insole treatment. But we offer the possibility to identify norm variations and then to adjust the shoes individually. In case of a necessary insole treatment (foot problems) we refer to orthopedists and orthopedic shoemakers.



**Article no. 4650**  
low arch



**Article no. 4651**  
normal high arch



**Article no. 4652**  
high arch

- » Increases wearing comfort, improves ergonomics by optimally supporting the arch of the foot and helps to reduce foot fatigue
- » supports the arch of the foot in three different versions: low, mid and high
- » soft damping and shock absorbing
- » reduces fatigue symptoms
- » avoids pressure points
- » skin-friendly surface structure
- » breathable and very good moisture absorption

- » antibacterial
- » antistatic
- » suitable for ESD shoes
- » washable by hand 30° C
- » low/red supporting for low foot arches
- » green/mid supporting for normal foot arches
- » blue/high supporting for high foot arches
- » Size 34 - 50

# Overview list

These Baak models are certified with the semi-orthopaedic insoles  
Baak Orthostep+ articles 4650, 4651, 4652 certified.

<b>Baak Street go&amp;relax</b>	<b>Serie</b>
5518 Stan	✓
5618 Stanley	✓
5519 Steve	✓
5520 Sam	✓
<b>Baak Sports light go&amp;relax</b>	<b>Serie</b>
71462 Rick2	✓
71472 Ron2	✓
72112 Rene2	✓
74112 Rico2	✓
71502 Red	✓
71522 Reeny	✓
73442 Rob2	✓
73742 Robert2	✓
73181 Rui	✓
<b>Baak Industrial go&amp;relax</b>	<b>Serie</b>
7008 N Herby	✓
7008 XW Herby	✓
7228 N Harry	✓
7228 XW Harry	✓
7007 N Henk	✓
7007 XW Henk	✓
7227 N Hardy	✓
7227 XW Hardy	✓
7337 N Hendrik	✓
7337 XW Hendrik	✓
7214 N Harris	✓
7214 XW Harris	✓
7316 N Harrison	✓
7316 XW Harrison	✓
<b>Baak Bau go&amp;relax</b>	<b>Serie</b>
6340 Brook	✓
6640 Brooklyn	✓
6645 Bailey	✓
6642 Braxton	✓
6346 Bruno	✓
6646 Big Bruno	✓